



Pre-Tanning Instructions

Prior to tanning, you should exfoliate your skin with Scentual Sun's "Derma-New Exfoliant". The exfoliating process should take place after washing and rinsing your hair and shaving your legs. The "Derma-New" will remove any alkaline residues from shaving creams or soaps and pH adjust your skin producing better results. Should you wish to have your face tanned during the session, remove all makeup prior to application. Men may shave their faces the day of the session, as this skin will not be as sensitive. Do not apply moisturizers after showering and exfoliating the day of your session other than Scentual Sun's pH balanced "Derma-Silk".

Additionally, make sure you remove all deodorant or antiperspirant prior to tanning. This will require vigorous scrubbing, as it is not easily removed. Be sure to remove from the inside upper part of the arm in addition to the armpit. These products will keep the solution from reaching the skin causing unsightly light spots.

If not tanning nude it is recommended that you use an older swimsuit or under garment during the tanning process or buy one specifically dedicated to the tanning process. Black is preferable. The bronzer washes out of most fabrics. However, man made fabrics like Lycra, and Spandex typically found in swimsuits and undergarments can sometimes stain due to their tightly woven properties. Do not get bronzer on wool, silk or natural furs. Loose fitting, darker colored clothing should be worn from the appointment. Sandals and or flip flops are also recommended so you will not have to put shoes and socks on immediately after tanning. This can remove the solution from excess rubbing and leave light spots. Bring lipstick or lip balm to be applied to the lips prior to spraying the face and a towel to cover your car seat.

Post-Tanning Instructions

You should leave the solution on for at least six and up to twelve hours to achieve the most color from the airbrush solution. Results will appear in three to five hours but can continue to develop for up to twenty-four hours after application. Showering is not recommended for at least six to eight hours after tanning. You should also refrain from vigorous exercise resulting in perspiration and avoid getting wet prior to your first shower. This can result in streaky or uneven results. **For first time clients it is recommended that you shower six hours after tanning to determine how the solution reacts on your skin.** On subsequent visits gradually extend the time the solution is left on your skin until desired color is achieved. We suggest you set your next appointment the day before you would normally change your bed linens thus alleviating the need to change them more frequently. The bronzer washes out of cotton/poly sheets and pillowcases with no problems. **Do not get bronzer on silk sheets or wool blankets.**

Your ability to follow a daily moisturizing routine will also dictate the longevity of the results. Keeping the skin well moisturized fends off the body's natural process of exfoliation. **A well-maintained sunless tan lasts about five to eight days depending on skin type. The hands and face will usually lose their color first due to consistent washing and makeup removal.** Apply "Derma-Glow" one day after showering to the entire body and every other day after that. You may use nightly on face after washing and removing makeup. "Miracle Mist" may also be used in place of "Derma-Glow" for a darker tan. Moisturize with "Derma-Silk" after showering and before bed or any time the skin feels dry. Consistent use of these products will extend the sunless tan for up to two weeks keeping it smooth and even looking throughout its duration. They will not stain clothing or linens and can be used over the entire body. Use of the "Derma-New Exfoliant", "Derma-Glow", "Miracle Mist" and "Derma-Silk" will result in a longer lasting even tan.

Note: The body is composed of different types of skin and absorbs color differently. Do not try and scrub color off of the skin even if you don't like the results. It will result in a substantially worse looking condition than the occasional darker spot. Refrain from touching the tanned skin prior to your first shower as this will result in tanned fingertips and palms. If this occurs, use a pumice stone to remove color from palms. Do not use any type of solvent to try and remove color. It is part of your skin, and it can only be removed by gently removing skin.